



THC AND AGGRESSION

Over the past several decades, research has explored the connection between THC use and aggression. Findings suggest that high levels of THC consumption are correlated with increased risks of violence and psychosis.

WHAT THE RESEARCH SAYS



People who consistently used cannabis had a higher risk of becoming violent later on compared to those who used alcohol or cocaine.¹



In one study, researchers followed 265 patients with early psychosis for 36 months, dividing them into two groups based on whether they showed violent behavior or not. They found that having a cannabis use disorder was the biggest risk factor for violent behavior.²



A review of 30 studies with nearly 300,000 young people found that cannabis use is linked to physical violence. This connection stayed strong even after considering other factors like income and use of other substances.³

MORE INFORMATION



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2. Moulin, Valerie, et al. "Cannabis, a Significant Risk Factor for Violent Behavior in the Early Phase Psychosis. Two Patterns of Interaction of Factors Increase the Risk of Violent Behavior: Cannabis Use Disorder and Impulsivity; Cannabis Use Disorder, Lack of Insight and Treatment Adherence." *Frontiers in Psychiatry*, vol. 9, 4 July 2018, <https://doi.org/10.3389/fpsy.2018.00294>.
3. Dellazizzo, Laura et al. "Association Between the Use of Cannabis and Physical Violence in Youths: A Meta-Analytical Investigation." *The American journal of psychiatry* vol. 177,7 (2020): 619-626. [doi:10.1176/appi.ajp.2020.19101008](https://doi.org/10.1176/appi.ajp.2020.19101008)